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## A Surgeon Finds Clients at Home

By CAMILLE SWEENEY

DR. Frederick Lukash, a plastic surgeon in New York City and Long Island who specializes in adolescent [plastic surgery](#), is well aware — and respectful — of the need for teenagers seeking cosmetic surgery to fit in, even when it comes to his own family. He performed [rhinoplasty](#) on two of his three daughters: Abigail when she was 17, and Molly when she was 16.

Dr. Lukash said that he would not consider doing something like a [breast reduction](#) on one of his daughters because of its personal nature and that some procedures he would do only in a hospital setting because of the risk of [blood loss](#). But rhinoplasty, he said, is fairly uncomplicated and easily performed in a clinic. And, as with any patient, he had to determine that his daughters were physically and mentally healthy to undergo the procedure.

“They had to have medical clearance from their pediatrician to be operated on,” he said. “They had to have a physical and lab work done.” As is customary in his practice, he used computer imaging to show them what he thought he could achieve with the surgery.

Ultimately, his daughters were delighted with the results, he said, though he notes the expense — an average of \$8,500 in the New York area — can be challenging for other families. “In a time like this, parents may do things for their children that they wouldn’t do for themselves,” he said. “But they will ask, ‘Can you make me a better deal?’ ”

Especially in this economy, he says, it is a question he seriously entertains.

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